

Wilson Christian Academy

Child Care Center

Infant/Toddler Safe Sleep Policy

Sudden Infant Death Syndrome (SIDS) is the unexpected death of a seemingly healthy baby for whom no cause of death can be determined based on autopsy, an investigation of the place where the baby died and a review of the baby's medical history.

The Child Care Law requires that child care providers caring for children 12 months of age or younger implement a safe sleep policy, share this information with parents, and participate in training.

This facility believes all families have a right to safe and healthy child care and will practice the following safe sleep policy:

1. All child care staff working in the infant room, or child care staff with scheduled hours in the infant room, will receive training on our Infant Safe Sleep Policy and SIDS risk reduction.
2. Infants will always be placed on their BACKS to sleep, unless there is a signed waiver by a physician telling us to do otherwise.
3. Infants will be placed to sleep in a crib with a firm mattress.
4. Infant's heads will not be covered with blankets or bedding. The tops of infant's cribs will not be covered with bedding.
5. Room temperature will not exceed 75 degrees Fahrenheit.
6. Only one infant will be in a crib at a time, unless we are evacuating infants in an emergency or in practice drills.
7. No smoking is permitted in the building.
8. Awake babies will be given supervised "tummy time"
9. Caregivers will visually check on sleeping infants. We will also check them by placing our hand on their back/chest for breathing and slight stimulation every 30 minutes. After they are checked we will write down the time, the position the child is in, and sign with our initials.
10. The infant will only be allowed to have one lightweight blanket and a pacy in the crib while sleeping.
11. The child will be placed on his/her back to sleep. If a child has the ability to roll over, they will not be disturbed, but will continue to be monitored during their nap period.

We will be educating parents on the importance of laying their children on their backs to go to sleep. We will also provide educational materials when available in our parent package.

I, the undersigned parent or guardian of _____, do hereby state that I have read and received a copy of the facility's Infant/Toddler Safe Sleep Policy and that the facility's director or lead teacher in the Infant Room has discussed the facility's policy with me.

Date of child's enrollment: _____

Signature of parent of guardian: _____ Date: _____

Signature of child care provider: _____ Date: _____